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Course Aim

To provide students with introductory level of the knowledge, skills, and experiences associated with the Police and Policing in Aotearoa New Zealand. This course will prepare students for employment opportunities into NZ Police.

Police Pathway Programme Course Objectives

- Understand the roles and responsibilities of a Constable of New Zealand Police
- Understand the different career opportunities within New Zealand Police
- Explore Health and Wellbeing and the impact of mental health within the community
- Understand and demonstrate the six core values of New Zealand Police: PRIMED
- Understand basic investigative interview skills, and apply these to situations which are common as a Constable of New Zealand Police
- Demonstrate the physical attributes required for a Recruit of New Zealand Police

Assessment Objectives for Police Pathway Programme

- AO1: Develop a career pathway plan towards a role within New Zealand Police
- AO2: Communicate with several police staff in different roles within New Zealand Police through an informal setting
- AO3: Apply a range of mental health strategies to various situations
- AO4: Plan, prepare and conduct an informal interview to demonstrate knowledge of basic investigative skills, and apply law and legislation to a common policing scenario
- AO5: Contribute to a group task to develop a prevention-based project appropriate within the community
- AO6: Demonstrate active listening to gain information in a common policing setting

Optional

- AO7: Successfully complete the Physical Appraisal Test administrated within the recruitment process of New Zealand Police
- AO8: Demonstrate an understanding of policing in New Zealand through speaking to a known audience
- AO9: Communicate to a diverse range of people within different settings



Summary of Unit Standards

Below is a summary of the Police Pathway Programme in reference to the unit standards of the course.

Who are NZ Police?

Health and Wellbeing

Policing in Aotearoa

Group Project Physical Training

Preparation for Employment

US 4251

Plan a Career Pathway

US 3491

Write a report

US 11097

Listen actively to gain information in an interactive situation

US 9681

Contribute within a team or group which has an objective

and/or

US 11101

AS 91500

Evaluate the effectiveness of a performance improvement programme

US 1296

Conduct informal interviews

and/or

US 30911

Demonstrate knowledge of a specified workplace

and/or US 2990

Read texts to research information for a specific purpose

and/or one/both of:

Conduct informal interviews

Collaborate within a team which has an objective

or

AS 91501

Demonstrate quality performance of a physical

activity in an applied

setting

or US 1297

Conduct a formal interview

or

US 1307

Speak to a known audience in a predictable situation

or

<u>US 1297</u>

Conduct a formal interview

OPTIONAL

**Limited use:

US 26971

Describe factors that contribute to mental health wellbeing and mental health challenges Ability to use:

US 1304

Communicate with people from other cultures

**Polytechnic and Training Providers only



Learning and Teaching Approaches

This course will assist students with foundational knowledge and understanding of core policing principles necessary for a career with the NZ Police. Specific sessions will assist students to gain an understanding of theory and practical elements of topics within the course.

Teaching sessions will include:

- 1. Classroom based sessions
- 2. Guest presentations
- 3. Online based activities
- 4. Practical experiences
- 5. Visits to local Police operational groups





Course Overview

Week	Topic	NCEA Assessment Standard
1	Who are NZ Police/Induction Week	
2	Values of NZ Police	
3	Why are you here? History of Police	
4	Roles within NZ Police	
5	Functions of NZ Police Officers	
6	Recruitment Process	<u>US 4251</u> or <u>US 30911</u>
7	Induction to Mental Health: Lessons 1-4	
8	Models of Mental Health: Lessons 5-8	
9	Mental Health in Police: Lessons 9-12	
10	Supporting Mental Health in the Community: Lessons 13-16	
11	Summary of Mental Health: Lessons 17-18	
1	Mental Health Assessment	<u>US 3491</u> and/or <u>US 2990</u> or <u>US 26971</u>
2	Policing in Aotearoa Introduction	
3	Scenario 1 – Car Crash Incident	
4	Scenario 2 – Disorder at Lava Bar	
5	Scenario 3 – Family Harm	
6	Scenario 4 – Impaired Persons	
7	Scenario 5 – A Break In	
8	Policing in Aotearoa Assessment	<u>US 11097</u>
9	Policing in Aotearoa Assessment	<u>US 1296</u> and/or <u>US 1297</u>
10	Summary Week	
1	Group Project Introduction	
2	Group Project	
3	Group Project	
4	Group Project	
5	Group Project – Assessment	<u>US 9681</u> or <u>US 11101</u>
6	Pathway to Employment	
7	Pathway to Employment	
8	Pathway to Employment	
9	Pathway to Employment	Optional – <u>US 1296</u> or US <u>1297</u>
10	Summary of Course / Course Survey	Optional – <u>US 91500</u> or US 91501



Overview of Units

Unit 1 Who are NZ Police?

Duration	5-6 weeks
Relevance	Students will explore the different career pathways within New Zealand Police in respect to their community. Throughout the unit, students will develop an understanding of the 30+ career opportunities, both Constabulary and Police Employee roles.
Expected Skill & Learning Outcomes	 Research independently and collaboratively Select and use relevant information for a purpose Define and demonstrate the Core Competences (including core values) of staff within New Zealand Police Identify the roles and responsibilities of positions within NZ Police (Constabulary and Police Employee) Explain the role of NZ Police in society Summarise requirements to enter roles within New Zealand Police
Teaching & Learning Activities	 Who are NZ Police - PowerPoint Who are NZ Police - Student Workbook Discussion for collaboration and independent growth in understanding others' perspectives Group activities Guest presentations from local Police staff
Assessment	 US 4251; Plan a Career Pathway AND/OR US 30911; Demonstrate knowledge of a specified workplace



Unit 2 Health and Wellbeing

Duration	6 weeks	
Relevance	Mental Health and wellbeing are an important part of Policing within Aotearoa. Not only is the health and wellbeing of members within the community important, but also how an officer deals with the mental challenges of the role.	
Expected Skill & Learning Outcomes	 Research independently and collaboratively Select and use relevant information for a purpose Describe factors that contribute to mental health wellbeing and mental health problems Recognise the impact of lifestyle style choices on mental health Explore the different support agencies available to officers Demonstrate lifestyle changes to promote positive health and wellbeing Describe positive characteristics of an individuals' state of mind 	
Teaching & Learning Activities	 Health and Wellbeing PowerPoint Health and Wellbeing Student workbook Discussion for collaboration and independent growth in understanding others' perspectives Group activities Guest presentations from local Police staff 	
Assessment	 US 3491; Write a report AND/OR US 2990; Read texts to research information US 1307; Speak to a known audience in a predictable situation (optional) LIMITED USE US 26971 Describe factors that contribute to mental health wellbeing and mental health problems (Polytechnics and Training Providers only) 	



Unit 3 Policing in Aotearoa

Duration	6 Weeks	
Relevance	The purpose of this unit is to illustrate the journey from attending a scene or call-out to interviewing a witness, dealing with a victim, and potentially arresting a suspect or offender. Throughout this unit, students will define roles of staff within each situation, learn basic investigative interviewing techniques and establish what police officers can and cannot do in each situation. Within the assessment activities, students will demonstrate and apply investigative interviewing techniques.	
	Demonstrate investigative interviewing techniques	
Expected Skill &	Interpret information of different policing situations towards next course of action with reference to law and legislation	
Learning Outcomes	 Define the role of staff (Constabulary and Police employees) in different policing situations 	
	Define the New Zealand Bill of Rights 1990	
	Policing in Aotearoa PowerPoints	
	Video based scenarios	
	Policing in Aotearoa Student workbook	
Teaching & Learning Activities	 Discussion for collaboration and independent growth in understanding others' perspectives 	
	Group activities	
	Guest presentations from local Police staff	
	 Conduct interviews in different situations 	
	US 11097; Listen actively to gain information in an active setting	
	AND ONE OR BOTH OF	
Assessment	2. <u>US 1296</u> ; Interview in informal situations	
Assessment	3. <u>US 1297</u> ; Conduct an interview in a formal situation	
	ABILITY TO USE	
	4. US 1304; Communicate across cultures (optional)	



Unit 4 Group Project

Duration	5 Weeks	
Relevance	If you look at every successful unit in the New Zealand Police you will see a team; a group of men and women working together to achieve a common goal not only for themselves but for their communities and for New Zealand. They bring to the table different skills, abilities, experiences, maturity, ideas, and service.	
Expected Skill & Learning Outcomes	 Define the process of forming a new team Establishment of roles and responsibilities Develop and apply leadership skills throughout the task Research independently and collaboratively Demonstrate time management competences Communicate accurately with a purpose 	
Teaching & Learning Activities	 Adventure based learning Teams/Groups working through an objective based around prevention Facilitation/mentioning of groups through the task Presentation of project 	
Assessment	 US 9681; Contribute within a team or group which has an objective AND/OR US 11101; Collaborate within a team which has an objective 	



Optional Physical Training

Duration	30 Weeks
Relevance	One of the key elements within the New Zealand Police recruitment process is the assessments of one's physical attributes. This unit will allow students to develop an understanding of the requirements to successfully complete the Physical Appraisal Test (PAT). Throughout the year, students will be tested against the PAT requirements like applicants within the recruitment process.
Expected Skill & Learning Outcomes	 Understand the four elements of the PAT test 2.4 km run Vertical Jump test Grip strength test Push-up test Demonstrate a healthy lifestyle to support physical training Understand and apply training principles during physical training sessions
Teaching & Learning Activities	 Adventure based learning Physical training sessions External events Completion of PAT test with certified staff from New Zealand Police
Assessment	Optional 1. AS 91501; Demonstrate quality performance of a physical activity in an applied setting 2. AS 91500; Evaluate the effectiveness of a performance improvement programme



Optional Pathway to Employment

Duration	4 weeks	
Relevance	Following the completion of the course, students will have the opportunity to apply for various roles within NZ Police. Having a greater understanding of the selection process, and what is expected of students during each stage will provide them with a better chance of success.	
Expected Skill & Learning Outcomes	 Define the key steps within the Constabulary and Police Employee recruitment processes Understand the requirements within each step Explore strategies to prepare for the Constabulary and Police Employee recruitment processes 	
Teaching & Learning Activities	 Pathway to employment PowerPoint Pathway to employment student workbook Discussion for collaboration and independent growth in understanding others' perspectives Group activities Guest presentations from local Police staff 	
Assessment	Optional 1. <u>US 1296</u> ; Interview in informal situations 2. <u>US 1297</u> ; Conduct an interview in a formal situation	

